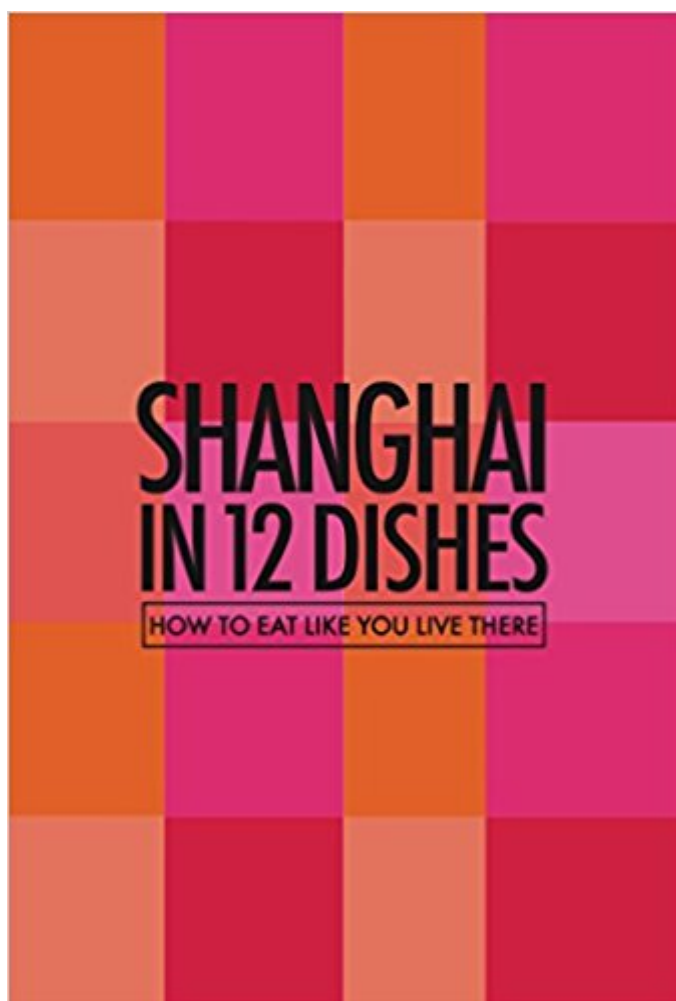


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Shanghai In 12 Dishes - How To Eat Like You Live There (In 12 Dishes Travel Guide)



Synopsis

Award-Winning Finalist in the Travel: Guides & Essays category of the 2017 International Book Awards Shanghai is exhilarating, dynamic and endlessly fascinating. But, when hunger strikes, where to start in a city with so much on its menu? Beautifully designed, sumptuously photographed and chock-a-block with invaluable dining information, Shanghai In 12 Dishes helps you cut to the chase, culinarily speaking. Aimed at travelling food lovers, this book assumes you're visiting Shanghai for a limited period and don't have time to waste. You don't need to be overwhelmed with endless listings, options and recommendations; you just want a reliable entree into the local dining scene so you can cut right to the chase. You want authenticity. You want dining experiences that are meaningful. You want to rub shoulders with locals. Focusing squarely on Shanghainese cuisine, the emphasis here is as much on what to eat, as it is on where to eat. Structured around 12 iconic dishes, it features meaty information on each dish, guiding you to places you can find them. Dishes such as sheng jian bao (pan fried pork buns), xiao long bao (soup dumplings), lion's head meatballs, red cooked pork, squirrel-shaped mandarin fish and tofu braised crab. These define Shanghai and you'd be nuts to leave town without discovering them. Shanghai in 12 Dishes doesn't stop at just 12 dishes, however. The restaurants listed represent so much more than these essential dishes- this book merely gives you starting points for making your own culinary finds. All you need is a sharpened sense of adventure and to throw yourself into Shanghai's incredible world of food. As you follow the local food trail, you'll meet locals, see sights, buy things and create memories that last. This book also features...

- A day trip itinerary for Suzhou
- Personal dining recommendations from Jereme Leung, one of China's foremost chefs
- A guide to bars with great views
- The low-down on food streets
- Shopping recommendations for food lovers and cooks
- An A-Z guide to the Former French Concession
- A field guide to local breakfast staples
- Profiles of favourite teahouses and a tea-buying ID guide
- Restful places to walk when you've had a few dumplings too many

And so much more... Inside Shanghai In 12 Dishes...

- Easy-to-navigate with full colour photographs throughout
- A handy map outlining major landmarks and restaurant locations
- Useful features such as addresses in local language, for ease of on-the-ground travel
- Pocketable, affordable and user-friendly content

12 major, must-eat dishes featured, providing a starting point for further exploration of Shanghai cuisine

- Restaurants for all budgets, with an emphasis on affordable options
- Listings that put you in the thick of local-style Shanghai dining

Other titles in the In 12 Dishes series: Ho Chi Minh In 12 Dishes - ISBN: 978-0473398125

Look for more titles publishing 2017-2018.

Book Information

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Customer Reviews

RedPorkPress is a small, dynamic publishing company founded by Antony Suvalko and Leanne Kitchen. Based in Australia and New Zealand, RedPorkPress brings together years of food-travel publishing experience and a passion for world cuisines. A particular interest in Asia saw the pair write *The Real Food Of China* and *East, Culinary Adventures in Southeast Asia*, both illustrated recipe collections. From making content for international airlines to feature writing for international magazines, the pair bring tier formidable talents and insights to the In 12 Dishes series.

The best travel guide to have in your pocket (or purse) for finding out and understanding where the best food is in Shanghai - short stay, long stay, business or pleasure. The format is outstanding and this book will make your trip more authentic. 'Eat like you live there' is bang on. The photography alone makes you want to pack your bags... especially the French Concession chapter.

i loved this book. Completely cuts to the chase about where and what to eat. Addresses in chinese there for the taxi driver to follow. Beautiful photos and all in a well organized and travel friendly compact size. Well worth the price. Andrew

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